

SPORTS AND EXERCISE SCIENCE EXTENDED DIPLOMA LEVEL 3

WHAT WILL I STUDY?

The Level 3 BTEC National Extended Diploma in Sport and Exercise Science is designed to help prepare you for higher education within the field of sport science or for employment in the sports industry. You will develop your extended writing skills, the ability to meet deadlines and learn how to complete effective research. Whilst developing your knowledge and understanding, you will also develop transferable and workready skills and an understanding of industry requirements.

The fundamentals and specialist aspects of sport and exercise science are taught using a student centred approach within a unit based structure. Knowledge is applied in project based internal assessments and through externally set tasks and written examinations. It is equivalent in size to three A Levels.

This vocational qualification has been developed in collaboration with universities, professional bodies and businesses. It is widely recognised by industry and higher education.

Students are encouraged to combine their studies with one of the sport programmes on offer. You will benefit from the College's impressive facilities, including our renovated multipurpose sports hall and fitness, strength and conditioning suite.

WHAT NEXT?

This course is an accepted qualification for entry into university, with students having secured places at universities including Swansea, Oxford Brookes, Bath, Hull, Gloucester, Nottingham Trent and more. Future careers might include PE teaching, lecturing, sports management, coaching, physiotherapy, exercise physiology, sports nutrition, sports psychology, sports journalism, sports analysis, sports therapy and strength and conditioning. It is also excellent preparation for those wanting to progress to industry-recognised qualifications and careers in sports therapy, the fitness industry and coaching.

ASSESSMENT

Internal assessment (58%). External assessment (42%)

DURATION

2 years

ENTRY REQUIREMENTS

Standard entry requirements, plus grade 4 in GCSE Science.

EXAM BOARD

Pearson

