

SPORTS AND EXERCISE SCIENCE EXTENDED DIPLOMA LEVEL 3

WHAT WILL I STUDY?

The Level 3 BTEC National Extended Diploma in Sport and Exercise Science is designed to help prepare you for higher education within the field of sport science or for employment in the sports industry. You will develop your extended writing skills, the ability to meet deadlines and learn how to complete effective research. Whilst developing your knowledge and understanding, you will also develop transferable and work-ready skills and an understanding of industry requirements.

The fundamentals and specialist aspects of sport and exercise science are taught using a student centred approach within a unit based structure. Knowledge is applied in project based internal assessments and through externally set tasks and written examinations. It is equivalent in size to three A Levels.

This vocational qualification has been developed in collaboration with universities, professional bodies and businesses. It is widely recognised by industry and higher education.

WHAT NEXT?

This course is an accepted qualification for entry into university, with students having secured places at universities including Bath, Loughborough, Cardiff, Brunel, Exeter, Kent, Oxford Brookes, Plymouth and Southampton. It is also excellent preparation for those wanting to progress to industry recognised qualifications and careers in sports therapy, the fitness industry, sports development, nutrition, performance analysis and sports psychology. Alternatively, students may consider direct entry into other employment or further training.

ASSESSMENT

Internal assessment (58%) External assessment (42%)

DURATION

2 years

ENTRY REQUIREMENTS

Standard entry requirements, plus grade 4 in GCSE Science.

EXAM BOARD

Pearson