

SPORTS AND EXERCISE SCIENCE EXTENDED DIPLOMA LEVEL 3

WHAT WILL I STUDY?

This vocational course, equivalent to three A Levels, is aimed at students with a strong interest in sport but not necessarily those performing at a high standard.

A highly specialised work-related qualification in the field of sport, fitness and health, it will provide you with the knowledge, understanding and skills valued within a wide range of sports-related careers. Areas of study will include sports coaching, sport and exercise physiology, sports massage, sports psychology, fitness training, sports nutrition and performance analysis. You will be assessed continuously through essays, mini projects, presentations and coursework. Students are encouraged to combine their studies with the College's Sports Development Programme, but it is not a compulsory part of the course. You will benefit from the College's impressive facilities, including our multi-purpose sports hall opened in 2012.

This course is recommended for students keen to pursue a career in coaching, fitness instruction, personal training or sports leadership.

WHAT NEXT?

This course is an accepted qualification for entry into university, with students having secured places at universities including Bath, Loughborough, Cardiff, Brunel, Exeter, Kent, Oxford Brookes, Plymouth and Southampton. It is also excellent preparation for those wanting to progress to industry recognised qualifications and careers in sports therapy, the fitness industry, sports development, nutrition, performance analysis and sports psychology. Alternatively, students may consider direct entry into other employment or further training.

ASSESSMENT

Externally assessed, no exams

DURATION

2 years

ENTRY REQUIREMENTS

Standard entry requirements, plus grade 4 in GCSE Science.

EXAM BOARD

Edexcel