

PHYSICAL EDUCATION A-LEVEL

WHAT WILL I STUDY?

This course will benefit anyone considering a career which is physical education or sport related. You will develop an understanding of anatomy and physiology, sports psychology, exercise physiology, sports biomechanics, skill acquisition, sports technology and historical/cultural aspects within sport and physical education.

Whilst certain elements will be taught through practical sessions, this is predominantly a theoretical course, so students should be comfortable with science-based subjects. You will be expected to apply your sporting experiences to better understand the concepts developed in lessons.

Although high-level competitive performance is not essential, your athletic ability will influence your final grade. All students will be assessed in one sport activity. You will also complete a written performance analysis.

Students are encouraged to combine their studies with the College's Sports Development Programme, but it is not a compulsory part of the course. You will benefit from the College's impressive facilities, including our renovated multipurpose sports hall and fitness, strength and conditioning suite.

WHAT NEXT?

This course is excellent preparation for students planning to continue on to university to study any physical education or sport-related degree. Future careers might include PE teaching, sports coaching, physiotherapy, leisure management and fitness training. Alternatively, students may consider direct entry into other employment or further training

ASSESSMENT

Coursework (30%) Exam (70%).
Practical assessment in one sport.

DURATION

2 years

ENTRY REQUIREMENTS

Standard entry requirements to include grade 4 in GCSE English and grade 4 in Maths, plus GCSE 5 in Science. GCSE 5 in Physical Education also desirable.

EXAM BOARD

AQA